

PSI PARADIGM[®]

A PSI Communique for the Educational Community

VOLUME 5, ISSUE 1

<http://www.psi-solutions.org>

APRIL 2014

Introducing **PSI CERTIFY:** A Division of PSI

PSI is proud to announce the opening of our newest division to train your school staff in critical areas requiring certification and specialized programming. These programs are available in traditional face-to-face trainings and webinar formats.

Topics include:

- **AHA First Aid Training:**
Crucial Steps for Emergencies
- **AHA CPR Training/AED Training:**
Can You Save a Life?
- **Anti-Bullying Programs:**
Learn to Effectively Deal with the #1 Behavior Issue in Schools
- **Crisis Intervention Team Training:**
Are You Prepared if a Crisis Hits?
- **Staff Suicide Awareness and Prevention Training:**
Meets HB 543 Mandates
- **Communicable Disease Awareness and Recognition:**
Ohio Department of Job and Family Services

For information on pricing, program descriptors and other available topics please contact karenmckelvey@psi-solutions.org

Contact Hours are provided for all **PSI CERTIFY** Training Programs.



Health Matters!



A
 Wellness
 Newsletter
 for
 Educators

Going Above and Beyond...

Kudos to Emily Sowers, a Registered Nurse working for PSI in Cincinnati who went above and beyond the call of duty to make a difference in the life of one of her students.

On January 31st at Resurrection School, Emily, along with the school psychologist, planned a very special day for a 4th grader who has Alopecia, a condition that causes hair loss.

The student had been having a difficult time being made fun of and being subject to bullying. Shortly before Christmas break Emily contacted a company, Children with Hair Loss, and they donated a custom made wig for her. This sparked the idea to give her the opportunity to be "Princess for a Day."

Through donations, they arranged for her and the psychologist, her chaperone, to go to an upscale salon via limo where she



PSI RN Emily Sowers goes the extra mile to help her student be a "Princess for a Day"

received her wig, had it styled, and learned how to take care of it.

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From the desk of PSI Medical Assistant, Terry Kohut...



Terry Kohut, PSI Certified Clinical Medical Assistant, has worked for PSI for nine years.

I would like you to meet two of my Healthy Hero friends, they are Zena Jiwad (left) and Nylah Durham (right), from Young Elementary School, Pre-K through Third Grade, in the Springfield Local School District in Akron, OH.

My school has been participating in the PSI Healthy Heroes program for about four years, when Meredith Sitko, RN, NCSN, PSI School Health Services Manager introduced it to us. Our students enjoy this fun program because it helps them make healthy choices that they were not aware of, like eating fruit instead of cookies and the proper way to wash their hands,

especially during flu season.

I make germ catchers for all the students, approximately 366, and when they turn in a signature card they get a sticker to put on their germ catcher. We do this for two months and at the end of each month I pull two names from the cards to be our special Healthy Heroes. They get a certificate and a gift card for being our monthly Healthy Hero. It is a wonderful program that we have fun reinforcing and is well liked by the students, parents and staff.

Thank you Terry, for your hard work and dedication!

The PSI Health Screenings Program

PSI is pleased to offer our School Screenings Program to enable schools to meet State requirements and maintain compliance.

PSI will provide a trained Vision and Hearing Screening Team to your school to perform the required Vision and Hearing Screening for the students in your school.

The team will also complete referral letters to parents for students requiring follow-up.

Postural and Body Mass Index Screenings are also recommended by the State of Ohio for certain grade levels.

The PSI Screenings Team is able to complete these recommended screenings at your request!

As a part of the Screenings Program PSI offers an Immunization Record Review as required by the State of Ohio.

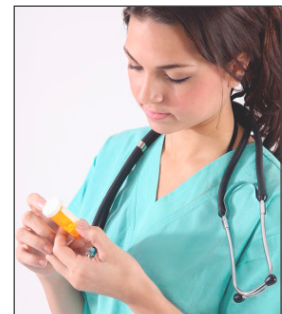
The PSI Screenings Team will provide a list of students at your school that are out of immunization compliance as well as prepare letters to send home to the parents of those students.

In addition, The PSI Screenings Team will submit the required Annual Immunization Summary Report to the State of Ohio on behalf of your school.

The amount of time required to complete services included in this program is dependent on student enrollment as well as grade level. A time estimate will be determined at the initiation of a service agreement and is needed to complete the requested screenings.

All services are billed hourly and the school will only be billed for the actual amount of time required to complete the requested services.

Invite the PSI Screenings team to your school by calling the PSI Screenings Program Line at 800-841-4774 ext. 224 or via email to [Debbie Osysko, RN at: dosysko@psi-health.org](mailto:Debbie.Osysko@psi-health.org)



Above and Beyond

(Continued from page 1)

Afterwards she went to lunch at a restaurant located on the river followed by a party back at the school with her classmates.

There was a professional photographer that accompanied them to photograph the events so that they could put together a memory book for her.

This was a great opportunity to teach about Alopecia, a health issue that can affect children, and the negative effects

of bullying. One of the companies that donated their services contacted the local newspaper to do an article to highlight this event.

Emily was honored to have been able to help. We are very proud to have dedicated, caring individuals like Emily as part of the PSI Health Team!

A new hairdo, make-up, lunch and a lot of TLC brings a big smile to the face of a much-deserving student with Alopecia



Information from the National Association of School Nurses:

Diabetes cases have almost doubled in the past 10 years and this could require monitoring, injectable medication administration, potential for emergency care

Food allergies have increased 18% in children under 18; your students could require preventative measures or emergency care planning

Asthma affects over 10 million children in the U.S. and requires monitoring and/or medication

Obesity affects 33% of students which affects their physical and mental health

Medically complex concerns of your students can require ventilator care, tube feedings, medication and other complex medical care

Did you know?

A higher nurse to student ratio is related to:

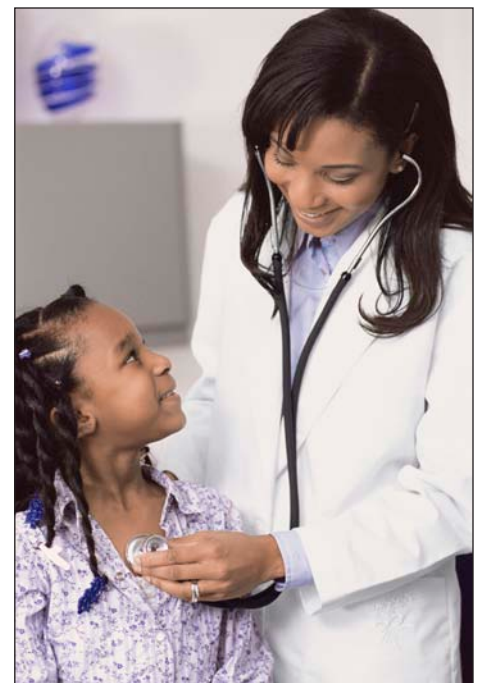
- Better attendance rates
- Reduced medication errors
- Higher immunization rates
- Recognition of environmental hazards at school based on injury patterns

Positive Outcome:

- More time in the classroom provides more time for learning, which can increase a student's chances for success!

**Schools + Nurses =
Safe and Healthy Students**

PSI can provide Health Services to meet the specific needs of your school.



PSI customizes Health Services to meet the needs of your students.

Mental Health Matters!

Suicide among youth is increasing at alarming rates. Ohio HB 543 requires the following: *Each board shall incorporate training in youth suicide awareness and prevention into the in-service training required by division (A) of this section for each person employed by a school district or service center to work in a school as a nurse, teacher, counselor, school psychologist, or administrator,*

and any other personnel that the board determines appropriate. For this purpose, the board shall adopt or adapt the curriculum developed by the department or shall develop its own curriculum in consultation with public or private agencies or persons involved in youth suicide awareness and prevention programs.

As part of the PSICertify program (see cover article), PSI provides this Suicide Prevention and Awareness training for your staff.

PSI Expert Partner, Scott Poland, EdD, provides further information in his article...

The principal of a large suburban high school receives a phone call that Eric, the younger brother of Sam, a 10th-grade student, was found dead the night before of apparent suicide.

for the balance of this article go to:

<http://www.nasponline.org/resources/principals/Suicide%20Intervention%20in%20Secondary%20Schools%20NASSP%20Oct%202006.pdf>

Dental Health (Also) Matters

Meet PSI Nurse Fawne Moon, LPN! Nurse Fawne is the Clinic Nurse for Youngstown Community School in Youngstown, Ohio. Fawne coordinated an excellent resource for the students of YCS through the Humility of Health Mobile Dentist. She set up several dates with the program to provide quality dental care for her students no cost to their parents. The Humility of Health Mobile Dentist Program has provided, extractions, cleanings, sealants, and fillings for the students of YCS. The program covered the permission slips and is out of the top hospital in the area, Humility of Mary, so it is a name parents know and trust. Youngstown Community School is the first school the mobile program has worked with through the new grant they received to provide these services. Just one example of how PSI Nurse Fawne Moon goes the extra mile for her students! Thank you Fawne for all of your hard work and dedication!!



The Smile Station and PSI's Clinic Nurse, Fawne Moon help provide a comprehensive health service to students at YCS



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PSI provides a wide variety of school health, special education, ESL, foreign language and intervention services.

Contact us for more information.



Health Matters!