From the Desk of Karen McKelvey

From the Desk of Mike Tornow From the Desk of Julie Wood From the Desk of Health Services

PSIdelines



Welcome back!

From the Desk of... Colleen Lorber, Ph.D. Executive Director of Client Services

"A simple hello could lead to a million things."

Aug 2016

Welcome back everyone! To those of you new to PSI, welcome to the Team!

This year is exciting for PSI with all the programs we are continuing and some new ones as well. You will have the chance to learn about those in the pages that follow. Please take a look at every department page to witness all the great work being done.

For me personally, this is also a very exciting year. Just a few days ago, I watched my oldest daughter board the bus to kindergarten. There were no tears but excitement as she hurriedly kissed me and said, "I love you mom," before racing up the steps to the bus.

Having been a school psychologist for 10 years, I fell victim many times to thinking I knew it all or at least knew more about kids than most. I remember many people telling me: "Wait until you have your own kids. You will not only have a different perspective but it will also make you a better school psychologist." I really never believed that until, like everyone said, I had children of my own. I especially never understood how it felt to really let your child go until Carly got on the bus this week.

As a parent, you hope that all you have done in their short 5 or 6 years is enough to help them learn, thrive, and grow at school and not only that, you hope that they will be surrounded by people who will guide them along the path because you cannot be there yourself. And most especially you hope that they will just be taken care of.

So, my message is simple. We work with hundreds of thousands of kids at PSI. We have one of the greatest responsibilities and in my opinion, gifts, to be the individuals that help each one of the kids we come in contact with to learn, thrive, and grow. Take your responsibility seriously and remember, there are so many parents out there counting down the seconds until that bus arrives at their driveway and their child is home safe and sound, just a little bit wiser and a little bit farther down the road to maturity because of you.

Educational Specialists • Prevention/Intervention • School Health • School Psychology • Special Education Speech/Language • Title I • English Learners • PSICertify • Professional Development

PSIdelines, August 2016

A newsletter for the professional staff of PSI published periodically throughout the year.

Mission Statement

PSI is the market leader in high-quality educational and health services to schools. We strive in everything we do to gain the trust of our clients and to meet or exceed their expectations for quality, value, and responsiveness.

Vision Statement

PSI is The Trusted Provider of High-Quality Educational and Health Services to Schools. Together, we create the foundation that supports all students to learn, thrive, and grow.

Educational Support Services

Julie Wood, Ph.D. Manager of Educational Support Services

Linda Grimm, Ed.S. Regional Support Supervisor

Bob Murray, Ed.S. Coordinator of School Psychology

Karen Heichel, M.A. Supervisor of Psychology

Christine Worthington, M.A., CCC-SLP Supervisor of Speech/Language Pathology

Anita Michael, M.A., CCC-SLP Supervisor of Speech /Language Pathology

Robin Caston, M.A. Manager: Jon Peterson/Autism Scholarships

Kay Almy, M.A.T. Manager of ESL & Foreign Language Services

Kelly Wetula, BS.Ed. Supervisor of Education Specialists

Beth Bendokaitis, BS.Ed. Supervisor of Education Specialists

Health Services

Meredith Sitko, B.Ed., CHES, RN, NCSN Director of Client Services

Lynn Chrostowski, NCSN, RN, MSN Director of Staff and Clinic Services

Debbie Osysko, RN Manager of Client Services

Barb Taylor Ross, RN Manager of Staff and Clinic Services

Laura Sheeks, RN Manager of Staff and Clinic Services

Paula Harris, RN, CNN, CHPN Manager of Special Needs Services

Dave Lince, B.A. Regional Coordinator-ESS and Health

Mike Tornow, MA, P.C.C. PSI Coordinator of School Partnerships

Prevention/Intervention & Professional Development

Karen McKelvey, Ed.S. Director

Administration

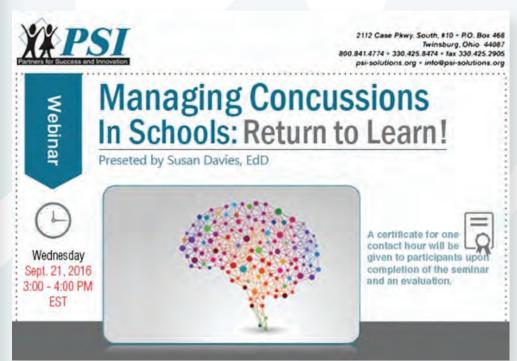
Steven L. Rosenberg, Ph.D. President and CEO

Colleen Lorber, Ph.D. Executive Director of Client Services

Nancy Musci Executive Director of Operations & Admin.

PSI Webinar Series:

We are proud to be offering a series of webinars this year beginning with Susan Davies, EdD and Colleen Lorber, PhD moderating:



All PSI employees are invited to register at this link: https://attendee.gotowebinar.com/register/7943106571397079812

The webinar series will continue almost monthly. Check your email for announcements or information will also be available on the PSI web site: <u>http://psi-solutions.org/webinar-library/</u>

"If you work really hard and are nice, Amazing things will happen."

I need you to know how absolutely thrilled we are here at PSI to be voted by YOU ALL as One of the Top Workplaces to Work by the Plain Dealer. This is only possible through employee report and receiving this honor is incredible. We are so proud to work with each of you! Thank you!



THE PLAIN DEALER

© cleveland.com

from the desk of... Karen McKelvey

Aug 2016

Professional Development News

The school year is barely off and running and PSI has already conducted several events for PSI staff and for our partner schools. Some of the highlights are:

• New Employee Orientation for Educational Support Services staff took place on August 10, 2016. If you have joined PSI since January 2016 and were unable to attend, please contact your Service Director/Supervisor for any information you might have missed. New health employees have separate Health Orientations that take place periodically throughout the year. Your health Service Director/Supervisor can provide information if you have not attended an orientation.



Colleen Lorber addresses staff at the New Employee Orientation



Cyndie Nicholl, PSI Talent Management Coordinator explains procedures to new employees

PSI's professional development team continues to offer workshops and trainings. Over the last several summer months, the PSICertify team has completed or are scheduled for 11 or more trainings. Julie Wood, PhD and Patty Wroblewski recently trained the staff at St. Mary of the Falls School on one of the newest work-shops developed. They received outstanding feedback from the school on their presentation of "PSI's Service Delivery Model within a MTSS Framework. Remind your building principal that PSI can assist them in professional development and parent education with the many topics that have been developed. Contact karenmckelvey@psi-solutions.org for further information.

We are excited to announce that PSI has developed its own online version of the mandated Safety and Violence Prevention Training. Launched in July, over 150 employees are utilizing this course at no cost to them. To review, this ODE-mandated training is a 4-hour training that is required of PSI employees. The training must be completed within two years of employment with PSI and repeated every five years. You will be notified via email when you need to take the training and will be provided information for accessing the PSI online version. As time progresses, we plan to add courses to this platform to assist our employees and our partner schools with their professional development needs. For further information, contact: karenmckelvey@psi-solutions.org.

Thank You! Thank You! Thank You!

...for the never-ending efforts of PSI's amazing administrative, recruitment, and information systems staff that works tirelessly while you are enjoying a summer break. This staff manages time sheets, databases, staff recruitment, allocations, interviewing and hiring, contracts, fingerprinting, phone calls, billing, typing, printing, organizing, running interference and simply providing support where needed. WHEW! We appreciate you all: Brenda Anderson, Nancy Berlan, Christy Breiding, Joan Cuthbert, Pat Doolan, Kiera Francis, Lori Greitzer, Laura Langhans, Tammy Lyman, Cyndie Nicholl, Kelly Patsolic, Marilyn Quercioli, Laura Seeley, Jennifer Staley, Jackie Weideman, and Patty Wey!

from the desk of... Karen McKelvey

Aug 2016

Do you like to share your expertise with school staff? If so, we are always looking for presenters. Let us know if you're interested! For example, Karen Heichel, School Psychology Supervisor for PSI has developed an interest in *Mindfulness*. She has just written her second workshop in a series. Please let Karen know if you think your school would be interested in this presentation:

The Role of Mindfulness in Dealing with Emotional Regulation and Stress during Adolescence *Presented by Karen Heichel, MA - <u>karenheichel@psi-solutions.org</u>*

This presentation will outline the neuroscience of adolescent brain development, patterns of emotional regulation and stress reactions during adolescence. There will be a discussion that briefly defines Mindfulness and an update on current research. It will demonstrate why Mindfulness Practices directly respond to adolescent developmental issues and equip adolescents with skills for dealing with strong emotions and provide tools for decision-making. In closing there will be a review of some current curriculums and examples of Mindfulness practices that can be used in the classroom.

Looking Forward...

- PSI's Fall Meeting for Educational Support Services will be Friday, September 16, 2016. Information has been distributed. It is not too late to register by contacting Brenda Anderson at 800-841-4774, ext. 237 or brendaanderson@psi-solutions.org. Please provide complete details with your full name, phone number, department, etc. if you leave a voice message. We are also asking that you SELECT your afternoon work-shop when submitting your RSVP to Brenda.
- PSI's Fall Meeting for Health Services staff will be *Saturday, October 22, 2016*. Please mark your calendar. Further details will be coming soon!
- OAPCS PSI's Karen Heichel has been chosen to present her latest Mindfulness topic at this conference that will be in Columbus on *December 7-8, 2016*. Congratulations to Karen for being chosen!
- TESOL Conference Mike Tornow, PSI Coordinator of School Partnerships and Kay Almy, PSI ESL Supervisor were accepted for the Ohio TESOL conference with their topic: *Building Successful E-Relationships with ELLS/Diverse Learners: Strategies for Planning Effective Online Learning.* Great job, Mike and Kay, to be accepted with this unique topic!

PSICertify

PSI offers schools a comprehensive training program for all ODE mandated trainings. Remind your building principal of these trainings if appropriate. For further information, have them contact: <u>karenmckelvey@psi-solutions.org</u>.

from the desk of... Karen McKelvey

Aug 2016

Prevention/Intervention News

PSI's Crisis Intervention Team

Keep in mind that PSI has a Crisis Intervention Team available to partner schools in the event of a tragic death of a student or staff member or any other school-wide crisis. The team can be available during the school day or can be assembled for the next morning if a crisis occurs after school hours. Contact your department supervisor or Bob Murray at 216-570-8709 and leave a voicemail or text if he is not available at the moment. During school hours, call the PSI office at 330-425-8474 and ask that Bob Murray be located for a message.

Suicide Awareness and Prevention - FREE for PSI Schools

With youth suicide occurrences alarmingly on the rise, PSI is hoping to build awareness and increase prevention. PSI has been chosen by LifeAct to be its educational partner for supplying middle school and high school students with the tools to effectively manage their lives, recognize depression, and to prevent suicide. LifeAct is grant and endow-ment-funded and is dedicated to sharing this message with Ohio teens. As PSI employees, you can provide information on this program to your school(s) that is available at no cost during the 2016-2017 school year. Here is a link to register your school if your administrator is interested or you may simply share the link with them: https://www.surveymonkey.com/r/?sm=aS9aqkT6cw7sHiw1DvkV6w_3D_3D.



Heroin is a threat to your community

From: http://education.ohio.gov/

Have you talked to your students or own children about the dangers of this drug? If not, you may be thinking:

1. Heroin is not going to cross my child's path where we live.

2. My child is terrified of needles; there is no way she'd try heroin.

3. Heroin may attract some kids, but not mine.

If you share similar thoughts, you're not alone. But keep in mind, heroin has changed over the years, along with those who are using it. So let's get informed and up to date on this drug so that factual and accurate prevention messages can be shared with our children. We'll begin by debunking a few common myths. - For more, <u>http://ow.ly/8hGj303OCyC</u>.

PSI will be offering a webinar in November on the opiate epidemic. You can check the PSI web site for further information once it's posted or look for an informational email in October.

from the desk of... Mike Tornow



Yes, it's a Saturday but in the virtual world, learning doesn't take a day off!

We are very excited about this new platform! This platform is interactive, it is clear, it is precise and it is user-friendly. Many schools are turning their textbooks into chromebooks and their therapy is following suit. Research has shown that online services are just as effective as in-person direct services. Therapists have reported better eye contact and better engagement from their students. Therapists who specialize in a unique areas are now more accessible. Also, there can be greater flexibility in scheduling, sessions can be recorded, and for some students parental involvement increases! There will always be a need for in-person direct services as well because some students may not qualify for online therapy; however, online therapy is now more prevalent than ever in education!



VirtualPSI is not a replacement of in-person services but a value-added program that will lead to a greater reach of students, a program that will lead to a unique blended model for therapy and instruction, and a program that will lead to an expansion of our many other great programs currently in place! If you are interested in getting involved with VirtualPSI please contact Mike Tornow, <u>miketornow@psi-solutions.org</u> or at (330) 425-8474, Ext. 200. VirtualPSI first programs will be in Speech, OT and TESOL

Find out more online! <u>http://psi-solutions.org/teletherapy-at-psi/</u>

from the desk of... Julie Wood

Aug 2016

Welcome to the 2016-2017 School Year!

Welcome back to all returning staff and welcome aboard to our new employees. We are entering into our 40th year of providing quality services to students and schools. I can't believe that PSI is 40! PSI knows that all of this would not be possible without our amazing staff. Your hard work and dedication have allowed students to learn, thrive, and grow. We have a fantastic year in store for you and we can't wait to see it unfold.

Exciting News!

VirtualPSI will be launched this fall! PSI will be offering virtual SLP, OT, and TESOL services to schools this year. See the article on page 6 for more on this service.

New PSI Team Member

We would like to welcome Kelly Patsolic to our team at PSI. Kelly is joining our team of Administrative Assistants and we are very excited to have her. In addition to Lori Greitzer and Pat Doolan, Kelly will be providing administrative support to our psych, SLP, OT, and PT divisions. Brenda Anderson continues in her administrative support of Educational Specialists. *Welcome aboard Kelly*!

Test Materials

What better way to break Kelly in than have her assist with testing materials?! Kelly will be keeping track of all testing materials in each of your schools. As you are getting set up for the year, please direct any inquiries about your supplies to your Field Supervisors or Kelly. For those of you assigned to charter schools, Kelly will handle the ordering of all test kits and protocols. You can reach Kelly at kellypatsolic@psi-solutions.org or 330-425-8474 ext. 253.

0

Beginning of the Year Reminders

- Don't forget to fill out your personnel data sheet. Copies will be made available at the ESS fall meeting. Please return this form as soon as you can so that we know your updated contact information and school schedule.
- *Psychologists* We will be revamping the online case report so that it will be easier for you to collect the information needed. Stay tuned as we will be sending out emails about the changes early in the fall.
- SLPs Access the speech forms by going to the PSI website and choosing "Corporate Intranet" at the top of the webpage. You will choose speech forms and then be prompted to enter your username and password. This is where you will access your October and Final (due with your last time sheet) reports.
- SLPS, OTs, PTs, and Educational Specialists Don't forget about your progress reports and/or data logs that are typically required 4 times a year.

from the desk of... Julie Wood

Aug 2016

Beginning of the Year Reminders Continued

- Psychologists and SLPs There should be a list of supplies/test materials in each of your buildings from last school year. If you are new to the building, it would be a good idea to find this and make sure all your supplies are available. With all the cleaning and reorganizing that happens in the summer, sometimes things get moved around. If you have questions, check in with Kelly Patsolic about what materials should be in your building. Kelly will be sending out the new inventories in early fall.
- If you need help getting materials such as time sheets, consent forms, test kits, protocols, etc., contact Brenda Anderson or Kelly Patsolic.

Mark Your Calandars!

Our department's annual fall meeting is scheduled for September 16th. Don't miss out on this exciting day that is packed with helpful information related to each of your disciplines! Details about this all day event have been sent to you and registration is now open. When registering, please indicate your choice for an afternoon workshop.

THANK You

THANK YOU to all our amazing teachers as you begin a new year. Over a relatively short period of time, this team has grown from a mere handful of staff to nearly 250 dedicated Special Education, Title I, Remedial, Foreign Language, ESL, and Educational Aide personnel. Supervised by Kay Almy, Beth Bendokaitis, and Kelly Wetula, you are such a gift to your students, your schools, and to PSI! Thank you for all you do with such expertise and care. Have a great year!

from the desk of... Health Services

Aug 2016

Welcome to the 2016-2017 School Year!

Hopefully, everyone had an enjoyable summer, and all are now ready to tackle those incoming Emergency Medical Authorization forms, not to mention new medication orders and care plans. The start of a new school year is never boring. We recognize the special challenges that are present at the beginning of the academic year, and appreciate the extra effort spent on ensuring that all of the details are accurate

- We were happy to see many of you over the summer for CPR and/or First Aid recertification. If your CPR and or First Aid certification expires during the school year, please contact the PSI Office for instructions on how to recertify. All PSI Health staff must have current CPR and First Aid (for Health Aides and Medical Assistants) in order to work in the schools. In order for PSI instructors to recertify, it MUST be the American Heart Association program.
- In addition, we were pleased that many of our staff attended the ODH Hearing Screening Trainings that were conducted over the summer. The ODH Hearing Screening Training is required for all Health Aides, Medical Assistants and LPNs effective with the 2016-17 school year in order to be able to perform Hearing Screenings on students. PSI will be offering additional opportunities for staff to attend the training in the coming months. If you have not attended a training session please contact the PSI office (ext. 226) to discuss the plan for your school during this transitional time.
- As busy as the first weeks of school are, it may seem that there aren't enough hours in the day (or your allocation) to accomplish all that needs to be done. Please remember that it is important to follow your assigned schedule. If it is becoming a problem, and it is not possible to leave your school on time (barring a serious emergency), it is essential that you contact the PSI office as soon as possible. Any request to work beyond your allocation should be cleared with the Health Services Department first. Just a reminder, if a lunch/break is taken, please do not leave the school building and inform the office staff of your location in the event you are needed. Lunches/breaks are not to be taken during peak clinic times. Thank you!
- Please check your psi-health email regularly. Some very important information has been sent in the past few weeks regarding the 2016-2017 school year and NEW instructions for EpiPen/EpiPen Jr. administration. Please review the Allergy section in the HRG, pages 6-9, it has been updated to reflect the new instructions.
- We are pleased to announce that Carol Meszaros RN, BSN, CDE will be taking on an expanded role this year as PSI's Certified Diabetes Educator. Carol will be working in this role each Monday and Tuesday. If you have a need for additional training/support in managing students with diabetes, please call the PSI office and we will coordinate with Carol. Carol will still be conducting a diabetes class the second Saturday of each month from 9am-12noon at the PSI office (to register for this class contact Joan Cuthbert at ext. 226).
- The following supervisors are returning this year this year; Barb Ricco (Central), Renee Piepsny (West), Joanne Komos (M & T South), Tricia Burnell (W-F South), Connie Bennett (East), and Mary Welch (East). Cynthia Kammerer RN will also continue as the supervisor in the Cincinnati region.

from the desk of... Health Services

```
Aug 2016
```

- Please call your District RN or Regional Supervisor for any questions or concerns first, if you cannot reach them or need further assistance, please call Joan Cuthbert or any manager at the office at 800-841-4774 ext. 226, we are always willing and eager to support you!
- Mark your calendars for the Health Services Fall Meeting, to be held on Saturday, October 22, 2016. More information, including location, topics and registration details, will be forthcoming.

Have a Wonderful School Year!

Yours in Health, The PSI School Health Administrative Team