

From the Desk of Karen McKelvey From the Desk of Health Services From the Desk of

From the Desk of Cyndie Nicholl

# **PSI**delines



# The finish line is near!

From the Desk of... Colleen Lorber, Ph.D. Executive Director of Client Services

As we approach the end of the school year, we want to thank you for your tireless work in your schools. PSI continues to grow and to serve schools, children, families and faculty throughout Ohio. Your services are vital to the health and welfare of the students and schools with whom we partner. Without you and your dedication, far fewer children would succeed at school, at home and in their lives.

Thank you for all your selfless dedication, work and care that you offer to the students you serve.



# **Exciting News:** Virtual PSI Coming to Schools and Families Fall 2016!

There will be additional news on this and many other PSI initiatives as we look forward to another great school year in 2016-2017 serving more and more of Ohio's school students.

Educational Specialists • Prevention/Intervention • School Health • School Psychology • Special Education Speech/Language • Title I • English Learners • PSICertify • Professional Development

#### **PSIdelines, May 2016**

A newsletter for the professional staff of PSI published periodically throughout the year.

#### **Mission Statement**

PSI is the market leader in high-quality educational and health services to schools. We strive in everything we do to gain the trust of our clients and to meet or exceed their expectations for quality, value, and responsiveness.

#### **Vision Statement**

PSI is The Trusted Provider of High-Quality Educational and Health Services to Schools. Together, we create the foundation that supports all students to learn, thrive, and grow.

#### **Educational Support Services**

Julie Wood, M.Ed. Manager of Educational Support Services

Linda Grimm, Ed.S. Regional Support Supervisor

Bob Murray, Ed.S. Coordinator of School Psychology

Karen Heichel, M.A. Supervisor of Psychology

Christine Worthington, M.A., CCC-SLP Supervisor of Speech/Language Pathology

Anita Michael, M.A., CCC-SLP Supervisor of Speech /Language Pathology

Robin Caston, M.A. Manager: Jon Peterson/Autism Scholarships

Kay Almy, M.A.T. Manager of ESL & Foreign Language Services

Kelly Wetula, BS.Ed. Supervisor of Education Specialists

Beth Bendokaitis, BS.Ed. Supervisor of Education Specialists

#### **Health Services**

Meredith Sitko, B.Ed., CHES, RN, NCSN Director of Client Services

Lynn Chrostowski, NCSN, RN, MSN Director of Staff and Clinic Services

Debbie Osysko, RN Manager of Client Services

Barb Taylor Ross, RN Manager of Staff and Clinic Services

Laura Sheeks, RN Manager of Staff and Clinic Services

Paula Harris, RN, CNN, CHPN Manager of Special Needs Services

Dave Lince, B.A. Regional Coordinator-ESS and Health

Mike Tornow, MA, P.C.C. PSI Coordinator of School Partnerships

### Prevention/Intervention & Professional Development

Karen McKelvey, Ed.S. Director

#### Administration

Steven L. Rosenberg, Ph.D. President and CEO

Colleen Lorber, Ph.D. Executive Director of Client Services

Nancy Musci Executive Director of Operations & Admin.

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### Summer Slow Down

To succeed in school and life, children and young adults need ongoing opportunities to learn and practice essential skills. This is especially true during the summer months.

Many Americans have a wonderful image of summer as a carefree, happy time when "kids can be kids," and take for granted the prospect of enriching experiences such as summer camps, time with family, and trips to museums, parks, and libraries.

Unfortunately, some youth face anything but idyllic summer months. When the school doors close, many children struggle to access educational opportunities, as well as basic needs such as healthy meals and adequate adult supervision.

### Did you know?

- 1. All young people experience learning losses when they do not engage in educational activities during the summer. Research spanning 100 years shows that students typically score lower on standardized tests at the end of summer vacation than they do on the same tests at the beginning of the summer (White, 1906; Heyns, 1978; Entwisle & Alexander 1992; Cooper, 1996; Downey et al, 2004).
- 2. Most students lose about two months of grade level equivalency in mathematical computation skills over the summer months. Low-income students also lose more than two months in reading achievement, despite the fact that their middle-class peers make slight gains (Cooper, 1996).
- **3.** More than half of the achievement gap between lower- and higher-income youth can be explained by unequal access to summer learning opportunities. As a result, low-income youth are less likely to graduate from high school or enter college (Alexander et al, 2007).
- 4. Children lose more than academic knowledge over the summer. Most children—particularly children at high risk of obesity—gain weight more rapidly when they are out of school during summer break (Von Hippel et al, 2007).
- **5.** Parents consistently cite summer as the most difficult time to ensure that their children have productive things to do (Duffett et al, 2004).

While these findings may seem discouraging, keep in mind that our students are lucky to have amazing PSI staff working with them in all service areas during the year and getting them back on the track toward achievement when schools open in the fall. Please know that your work matters and thank you for all you do!

### Mark Your Calendars: ESS Fall Meeting

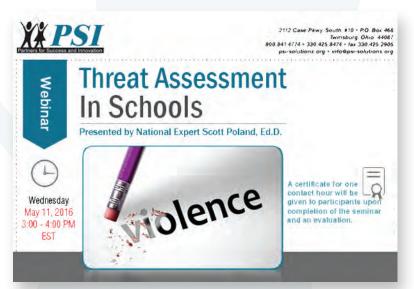
The Educational Support Services annual **Fall Meeting will be held on Friday**, **September 16, 2016.** Mark your calendar now for this important and informative event. Additional information will be mailed to you during the summer.

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### **Prevention News**

So far this school year, PSI has continued to develop its affiliation with LifeAct (formerly known as SPEA) as the Educational Partner for the recently created **suicide prevention** middle school program entitled **UROK**. PSI facilitators have reached over 3000 students through the month of March! Under this partnership, PSI will continue to provide this program to any of its middle schools *at no cost to the school*. This program was written specifically for middle school students and consists of two forty-five minute sessions. Trained PSI staff will conduct the program. **Ask your administrator if they would like the program during the 2016-2017 school year.** If they are interested, please contact <u>karenmckelvey@psi-solutions.org</u> to be added to the schedule. Thank you for helping in this crucial education and prevention program.

### **Professional Development News**



### Webinars

PSI has continued to develop its webinar offerings with a plan for a minimum of six additional presentations next school year. The latest presentation is described below and a recording of the webinar can be accessed on the PSI web site at:

http://ow.ly/4noxKd

### Threat Assessment in Schools Webinar Content

School personnel such as administrators, school psychologists, social workers and counselors are increasingly faced with complex situations where students have made violent threats toward others or even the entire school. Many of these threats today are posted online or elsewhere. Unfortunately, there have been schools who have received negative publicity for how they evaluated violent threats and for failing to share information with authorities and parents. School administrators also face a very difficult decision about whether to evacuate the school and many schools have lost numerous days of academic time as a result of receiving violent threats.

### Webinars already completed this school year:

#### Suicide Prevention and Education

Presented by Dr. Scott Poland and Karen McKelvey, Ed.S. September 24th, 2015

#### Media Engagement and Strategic Communications for Schools

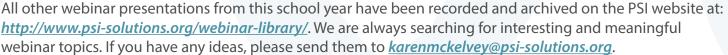
Presented by Dr. Darlene Chambers and Julie Conry October 29th, 2015

#### Practicing Mindfulness in Your School

Presented by Karen Heichel, MA December 2nd, 2015

#### **Crisis Communications for School Officials**

Bruce Hennes, Managing Partner, Hennes Communications January 27, 2016



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May 2016

### Safety and Violence Prevention Training - Have You Renewed?

Safety and Violence Prevention Training-Renewals Now Due-With the enactment of Ohio HB 276 in 2007, all PSI employees (with the exception of health aides and medical assistants) are required to receive 4 hours of training in **Safety and Violence Prevention**. This training must occur within 2 years of employment and be repeated every 5 years thereafter. The majority of PSI employees completed this training during the 2008-2009 school year but a renewal may need to be completed if not done within this last school year. **This is a requirement of your employ-ment with PSI.** 

While PSI will be launching its own version of this course (information will be emailed to you soon), in the interim we have found a resource for taking this required course online for a fee of \$10.00. Once completed, please send a copy of your certificate to Patty Wey at: <a href="mailto:pattywey@psi-solutions.org">pattywey@psi-solutions.org</a>. You may register at:

http://beta.acesc.k12.oh.us/wp-content/uploads/2013/10/ Child-Abuse-On-Line-Training-Program-Flier-UPDATED-9-2013-2.pdf

Note: For any PSI professional development events, if you have registered properly, you will receive an email confirmation and subsequent reminders. Check your email! ((Health employees, it will come to your PSI email address only). If you do not receive a confirmation, call the PSI office—you are NOT registered.

#### End of the Year Reminders...

- Please remember how much we appreciate all you do for your students, schools, and for PSI. Your expertise, dedication and willingness to deal with challenging situations cannot ever be truly measured. Enjoy the summer!
- If you are leaving PSI or unsure of your assignment for next year, please return any PSI materials to the Twinsburg office. Also return school keys and any other school items to your school office. Leave caseload notes on your students and what follow-up might be needed when the new school year starts.
- Check the date that your school will open in the fall. Many schools now open in August and you may need to report during that month.
- All employees should mark 'Final' at the top of your last timesheet if you use paper timesheets or if you utilize an electronic timesheet, indicate this under the section that asks, "Is this your final timesheet of the school year?"
- Check on your ODE license expiration date! If you have renewed your license this year, please send in a copy of your new license to the PSI Personnel Office, Attention: Patty Wey.
- PSI continues to do BCII (\$22.00) and FBI (\$24.00) fingerprinting/background checks at cost. Make an appointment with Jackie Weideman, ext. 221 if you need fingerprinting done.

May 2016

## PSI Offers Innovative Program: Lunch 'n Learn

#### Jessica Nave PSI Intervention Teacher - St. Dominic School

PSI teamed with Cardinal Learning for a dynamic Lunch 'n Learn presentation, providing a professional development opportunity for teachers of Gesu Parish School in University Heights. While enjoying a catered lunch, teachers learned how to implement standard-based learning opportunities with their students and left the session with ready-made tools to take back to their classrooms.

Presenter Andrea Wells, director of school services for Cardinal Learning and a 15-year teaching veteran, provided an opportunity for teacher interaction and collaboration on various topics that are able to be adapted for all ages and subject matter. Wells modeled multiple learning opportunities to teachers, and then participants had the chance to practice using these standard-based learning opportunities as a staff and discuss how they could be used in their classrooms.

"Stick to the standards, but make learning fun for them (the students)," Wells said. The Lunch 'n Learn's ice breaker activity, called Four Corners, was even able to be used by teachers in their classrooms. While Wells used it as a way to get to know the group, she also provided examples of how to use the activity with different grade levels and subjects. As an ice breaker, Wells had teachers respond with answers to multiple choice questions on a dry erase board, but she said the activity could be used in the classroom to ask for student opinions, break up into groups for further discussion, or complete various activities.

Next, in the Pack the Suitcase activity, Lunch 'n Learn participants read a short article from the education field and wrote down important information to put in their "suitcase." Tables of participants then shared what they found to be important in the article. Teachers could use this activity with their students in all subjects, important ideas in

informational texts or novels, vocabulary in science, or important people in social studies. Wells stressed that no matter what you teach, you are a teacher of reading, making this activity a valuable learning experience for students in all content areas.

Wells also presented a Bump game, good for vocabulary and math fact review, to the teachers. Teachers got up and played the game using teacher and standard-based vocabulary, further demonstrating how the

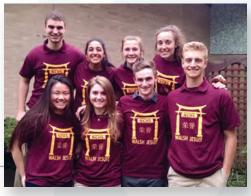


Teaching tools from Lunch 'n Learn

activities can be adapted for any type of group. She later used Comprehension Sticks with the teachers after reading a book to them. The Comprehension Sticks activity can be used with whole group, small group, or even as an exit ticket activity, and students can identify main idea, characters, state opinions, make connections, and more. Teachers took home their own Comprehension Sticks, which could be tailored to their own subject matter.

#### Continued on page 7

### Mandarin Language News PSI's Hui-ying Lee



May 2016

Walsh Jesuit's Chinese Honor Society

PSI's Hui-ying Lee proudly presented her students at the National Chinese Honor Society induction ceremony at Walsh Jesuit High School in April. There were eight inductees this year and they are all Chinese 3 juniors.

The National Chinese Honor Society (NCHS) was established in November 1993 to recognize those accomplished high school students who study Chinese as a world language. The National Chinese Honor Society is a scholastic organization that promotes and recognizes students with good citizenship, leadership, and deeds of community service.

The National Chinese Honor Society's goal is to encourage its members to become life-long learners to gain a better understanding of Chinese language and culture, and to play an active role as constructive peace-makers in the twenty-first century. The applicant must be a full time high school student (grades 9 – 12) who has studied Chinese for four semesters in high school with an average of A- or higher. A qualified candidate is someone who is willing to work with the sponsor/advisor as well as with other students as a role model to play a positive role in Chinese studies.

Hui-ying has continued to develop the Mandarin Language program at Walsh over several years and her efforts are producing some exemplary students. Congratulations to all!

### Lunch 'n Learn Continued from page 6

Cardinal Learning's Lunch 'n Learn sessions bring research-based strategies to increase teacher efficacy, promote hands-on learning to increase critical thinking in the classroom, address student gaps through differentiated classrooms, and keep teachers up-to-date on best prac-



Gesu School - Lunch 'n Learn

tices and trends in education. Cardinal Learning also offers follow-up observation where teachers can be observed teaching a lesson and then receive feedback. The profes-

sional development sessions also utilize Cardinal Learning's core values – respect, authenticity, creativity, and collaboration.

The Lunch 'n Learn series also offers individualized programs based on school needs. For the session at Gesu, the fifth through eighth grade teachers met together, followed by Kindergarten through grade four.

For more information on scheduling a Lunch 'n Learn session at your school, please contact Karen McKelvey at <u>karenmckelvey@psi-solutions.org</u>. To read more about Cardinal Learning, please visit <u>www.cardinal-learning.net</u>.

# from the desk of... Health Services

#### May 2016

"Hello" Spring! It is hard to believe that the 2015-2016 school year is quickly coming to an end and plans for next school year are already on everyone's agenda. Thank you for your continued hard work and dedication to the schools and students that PSI serves.

Thank you to all who attended the Health Services Spring Meeting. There was a great turnout and the presentation by Melissa McCoy, M.A. on Hearing Screening was very informative and received excellent reviews. We sincerely appreciate all of you for taking the time to attend the meeting after a busy day in your clinics.

# New for the 2016-2017 School Year

### Meningococcal Vaccine Requirements for the 2016-17 school year:

- One dose of Meningococcal (MCV4) for students entering the 7th grade (any dose received before the 10th birthday does NOT meet this requirement)
- Two doses Meningococcal (MCV4) for students entering the 12th grade
  - O If the first dose is after the 16th birthday, one (1) dose is adequate
  - O If the 12th grade student is 15 years of age or younger, only one dose is required
  - If the student has received two doses after 10 years of age but before 16 years of age, (at least 8 weeks apart), another dose is not required.

# New 2015 Hearing Screening Guidelines effective for the 2016-2017 school year:

- In addition to the current grades requiring hearing screening, (PreK in school-based Preschools, K, 1, 3, 5, 9), eleventh (11) grade students are now required.
- Registered nurses are permitted to perform hearing screenings. All other staff must receive training from the ODH in order to perform screenings. PSI will be offering opportunities over the summer for staff to attend the ODH training. Information has been sent to your psi-health.org email.
- An Annual Summary Report of Hearing Screenings must be completed and submitted to the ODH by June 1st of each school year (beginning in 2016-17). The Annual report can be completed online by accessing the survey on the ODH website at :

http://www.odh.ohio.gov/odhprograms/cfhs/hvscr/Documentation%20and%20Reporting.aspx

The PSI Health Resource Guide Screenings section and the Commonly Used Forms on the Intranet will be updated with information and forms from the 2015 Hearing Screening Guidelines and Requirements from the ODH. The complete 2015 Hearing Screening Guidelines and Requirements Manual can be found on the ODH website at: <u>http://ow.ly/4nqCQP</u>

# from the desk of... Health Services

End of the Year Reminders...

- Finish all Vision, Hearing and Postural Screenings and send out any referral letters to parents.
- Send letters to parents of Sixth grade students regarding the Tdap and Meningococcal (MCV4) immunization requirements for Seventh grade next school year and to parents of eleventh grade students regarding the new Meningococcal (MCV4) immunization requirement for Twelfth grade next school year.
- Review the list of students with missing immunizations and send letters to parents of students that are still
  missing Immunizations for the 2015-16 school year. Provide a list to the principal/school administrator.
- Check Clinic supplies. Make sure that supplies are adequate to begin the 2016-17 school year and consult with the RN and appropriate school administration regarding placing a supply order.

#### More End of the Year Reminders...

- Prepare health records for students that will be transferring to another school for the 2016-17 school year.
- Prepare letters and forms to send home to parents for the end of the school year and for next school year:
  - · Letter for picking up Medication at the end of the school year
  - Forms for next school year
  - Prescriber and Parent request for the Administration of Medication at school
  - Action Plans or Care Plans to be completed over the summer for next school year (ie. Allergy, Asthma, Diabetes, Seizures and any other Specialized Care plans)
- Please return all materials borrowed from PSI as soon as you have finished using them. We have a limited supply and often have a waiting list for materials. This includes DVDs, Medication training kits, Diastat and Glucagon training kits, Vision screening equipment and Audiometers, etc.

#### **Continuing Education:**

Nurses are entitled to reimbursement of up to \$75 per year for topics related to school health. Submit copy of Certificate of Completion/Attendance and receipt to Patty Wey.



May 2016

# from the desk of... Health Services

May 2016

### Safety and Violence Prevention Training:

According to Ohio HB 276, all RNs and LPNs are required to have the four (4) hours of in-service training within 2 years of employment and every five years thereafter. Staff that are in need of this training have been notified by email and phone. **Contracts will not be sent to staff that do not have documentation of this training and the Diabetes Webinar having been completed.** 

We would like to extend our sincere appreciation and gratitude to Jill Ritenour, RN who is retiring at the end of the school year. Jill has been the RN at St. Raphael in Bay Village for 16 years, we wish her all the best!

Remember to **sign up for Summer Heartsaver CPR AED and First Aid classes** if your certification will be expiring. Space is limited so call early. The June 17th CPR class is already filled. To make a reservation for a class please contact Brenda Anderson via email at: <u>brendaanderson@psi-solutions.org</u> or phone Brenda at 800-841-4774 ext. 237 or 330-425-8474. ext. 237.

If leaving a phone message or sending an email, please include all details such as full name, phone number, desired session, etc. so that Brenda can properly register you.

ALL HEALTH STAFF MUST HAVE CURRENT CPR CER-TIFICATION (AND FIRST AID FOR MEDICAL ASSIS-TANTS AND HEALTH AIDES) BEFORE BEGINNING WORK IN THE 2016-17 SCHOOL YEAR. All PSI employees must renew their BCI and FBI Background check every five years. If your background check is in need of renewal, you will need to be re-fingerprinted. Staff in need of renewal will be notified.

Please remember to check your psi-health.org email, as we will continue to send updates throughout the summer.

# from the desk of... Julie Wood

#### February 2016

It is hard to believe, but we are almost to the end of another school year! As I reflect back on this past school year, I am so grateful for the wonderful staff that we have at PSI. We have an amazing group of professionals that go above and beyond our normal roles on a daily basis. I want you all to know that PSI recognizes the countless hours that you put in outside of your regular work day to meet deadlines, make things easier for your school team members, and to touch the lives of your students. Thank you for what you do for our students, schools, and PSI!

### **ESS Spotlights**

PSI congratulates **Terry Farnham**, who is a **Speech and Language Pathologist at St. Vincent De Paul School** in Mount Vernon. At the 2015 Ohio School Speech Pathology Educational Audiology Coalition (OSSPEAC) conference, Terry Farnham won the Honors of OSSPEAC award for her many contributions to OSSPEAC and the profession. This honor is awarded once a year to a speech and language pathologist or an educational audiologist who has made outstanding contributions through:

- Participation in/contribution to OSSPEAC
- Outstanding clinician/supervisor
- Provided or initiated innovative programming
- Contributed to publications/literature/research
- Other areas of achievement deemed worthy of nomination

This is a HUGE honor and we are very proud of Terry for being such an outstanding educator!

Congratulations are also in order for **Bob Murray**, who is **PSI's Coordinator of Psychology Services in the Nonpublic Schools**. Bob has been nominated for the Hall of Fame for the School Psychology Program at Kent State University. Bob is a graduate of Kent State University's School Psychology



Program. He likes to give back by talking to the graduate cohorts about the role of a School Psychologist as well as providing supervision and mentorship to interns. Bob will be honored at the program's annual Supervisor Appreciation Event in May.

## Reminders for wrapping up the school year...

- Remember to leave an updated list of the caseload, potential referrals, and any other important items to review for the next school year.
- Lock up all files, test kits, materials, etc. and take home any personal items for the summer.
- If you are a psychologist, please ensure that you have completed your school's test inventory. This should be in a file that is easily located in your school next year. In addition, this inventory needs to be on file at PSI. If you still need this document or you are unsure whether you have already turned this in, contact Pat Doolan at <u>patdoolan@</u> <u>psi-solutions.org</u> or 330-425-8474 ext. 232.

Mary Goebel, PSI's ESL teacher at Bedford City Schools, arranged for the English Language Learners from Bedford High School, Heskett Middle School and Columbus Intermediate School to enjoy a cruise on the Good Time III on Tuesday, May 24, 2016. The Cruise and notebook binders are being provided by a "Bedford School's Mini Grant." Students will be encouraged to sketch, take notes, and/or take photographs of the various activities at the Lake Erie Ninth Street Pier and the Cuyahoga River activities. They will be given brief worksheets to be completed while they cruise. Mary continually finds creative ways to engage her English Language Learners in development of their English skills. Nice work!

# from the desk of... Julie Wood

February 2016

### **Getting Ready for Next Year**

- If you anticipate a need for protocols or test kits in the fall, order them now through your clerk if you are in a non-public. If you are in a charter, contact Pat Doolan or Lori Greitzer.
- If it has been 5 years since your last fingerprints were done, you will need to complete this before the 2016-2017 school year begins. We will send you information about how to complete this process at PSI if this pertains to you.
- If you need to renew your license for the 2016-2017 school year, please ensure that PSI has a copy of your new license on file.
- We are in the process of organizing the needs for the schools as well as all of your tentative plans for the 2016-2017 school year. If you are new and you have questions about what this process looks like, please don't hesitate to contact your Field Supervisor. We will contact each of you whose school may have changed an allocation. We will also contact each of you who are requesting a change in placement. You can assume that your schedule will remain as is if you do not hear from us and you did not want any changes. This process is ongoing throughout the summer; however, we try extremely hard to have as many placements finalized as soon as we can. If you have any questions, feel free to contact us.

### Free Resource!

If you are looking for a summer read and you are interested in learning more about strategies to develop literacy with your students, check out the book, *Steps to Success: Crossing the Bridge Between Literacy Research and Practice*. This book can be downloaded for free at: http://pressbooks.opensuny.org/steps-to-success/.

### Reminders for wrapping up the school year...

- If you have any test kits or materials that belong to PSI, please return them to the office by June 30th, 2016.
- Please complete and hand in all reports to the office (online caseload, case reports, final reports, etc.) by June 30th, 2016.
- Your last timesheets for this school year should be submitted to PSI AS SOON AS YOU ARE DONE WITH WORK. Do not wait until the 4th of the following month. Please mark "final" on these timesheets so that we know this will be your last timesheet for each of your schools.

#### Mark Your Calendar!

Our annual ESS Fall Meeting is tentatively scheduled for September 16th, 2016.

If you have any questions about how to close out the school year, do not hesitate to contact your PSI Field Supervisor.

# from the desk of... Cyndie Nicholl

### **Refer a Friend!**

Do you want to make extra money? Do you know people who have retired and want wonderful part-time work? We want to hire additional talented, caring and passionate people like you. To thank you for your referrals, we are offering a cash bonus! Click here for information:

http://psi-solutions.org/refer-a-friend/



### Here are some wonderful PSI Employee Benefits!

PSI has partnered with the Best Benefits Club to provide PSI employees with opportunities to save money on everyday purchases! Receive discounted rates on movie tickets, amusement parks, hotel stays and more! Check out Best Benefits Club at <u>www.bestbenefitsclub.com</u>. Click on Login and start saving today! **Username and password: psi416** 



February 2016



Costco is coming to Boston Heights June 22, 2016! PSI Employees are eligible for a Costco Cash card if you sign up before they open! Go to the temporary location at 8210 Macedonia Commons Blvd Macedonia, Ohio to register! **\*\*because this** is a special for the store opening, Cash cards are only available at the temporary location\*\*

Did you know that as a PSI employee you are eligible for up to a 22% discount with Verizon? To validate with a PSI email address or validate with your paystub, visit: www.verizonwireless.com/discounts



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